



We're Always Here If You Need To Talk - academic or mental health! Your form tutor, Year Leader, Pastoral Lead, and many other staff members are here for you. You can call the school, email staff directly, use the 'Tell Us' button on the school website, or contact us on Teams - whatever you are most comfortable with



TICK-LIST TUESDAY

Tuesday 9th February 2021

CHECKLIST

<input checked="" type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input checked="" type="checkbox"/>	_____
<input checked="" type="checkbox"/>	_____
<input checked="" type="checkbox"/>	_____
<input checked="" type="checkbox"/>	_____
<input type="checkbox"/>	_____



Tick-List Tuesday: THINKING ABOUT THE FUTURE

Yesterday, we discussed **National Apprenticeship Week** and the theme of **Thinking About The Future**.

If you start **learning new skills** and about the **world of work early**, you'll be ready to make decisions in the future about your **learning and career plans**.

On this week's **TICK-LIST TUESDAY**, I want you to think about what you would like to achieve with your **remote learning and education this week**. How can you be organised and efficient? **It is Week Six of remote learning**. What have you learned about your organisational skills and how can you improve them?

For a tick-list to work well, you need to think of the **small steps** that you can take to achieve your overall goal.

Tick-List Tuesday: THINKING ABOUT THE FUTURE

Here are some examples of possible steps you could take this week to make sure you are making the most of your remote learning and things you can start to consider about the future:

Think about the subjects you are studying and where your strengths and talents lie. Could these subjects contribute to any jobs you would like to do?

Complete an online careers quiz. What kind of job does your personality suit the most?

Think about your to-do list and how to prioritise your tasks. What is the most important and what is less urgent?

Complete any outstanding assignments for a subject

Do some research on apprenticeships and further education. Which path do you think would be better for you?

Tick-List Tuesday: THINKING ABOUT THE FUTURE

Now, it's **YOUR** turn.



I would like you to **independently create a tick-list of 5-10 things** that you would like to **achieve** in your **remote learning** this week.

Also, start thinking about your future plans. Remember: these are not set in stone! But it is always good to think about what you might like to do and then conduct some research.

This is **personal** and **just for you**. **Keep it somewhere visible**, for example next to your computer or wherever you are working during the day.

Whenever you achieve something on that list, **tick it off!** There is nothing more **satisfying**, I promise!

If you want to share your list with your form tutor, you can. But this is **optional**.